



Seidokan Aikido of South Carolina Presents a Seminar With Dan Kawakami Sensei April 20-22, 2012

Classes:

Friday

Aiki Development Class 6:00- 8:15 *(at CSK)

Saturday

Aikido Class 10:00-12:30

Lunch provided 12:30-2:00

Aikido Class 2:00 – 4:30

Potluck dinner 7:00 – 10:30

Sunday

Aikido Class 11:00-1:15

USC Seidokan Club Members: Free with dues

Other Seidokan Members: \$25 for full seminar (\$20 Saturday, \$10 other days)

Kids welcome Friday evening (\$5)

Saturday 10:00-12:30 (\$10, includes lunch)

Others: \$35 for full seminar (\$25 Saturday, \$10 other days)

Location:

Saturday and Sunday classes will be held in the lower floor of the Strom Thurmond Wellness Center on the campus of USC located at the corner of Assembly Street and Blossom Street. Use parking lots across the street (behind the Coliseum. *Friday class will be at Columbia School of Karate-do (604 Meeting Street West Columbia). For further information contact Doug Wedell (803)-777-4258 / Wedell@sc.edu

Kawakami Sensei has more than 40 years of training in Aikido along with more than 30 years of training in Zazen. Still teaching in his late 70's, this seminar will emphasize the concept of Masa Katsu Agatsu (true victory – self victory). He describes Aikido techniques as a continuous communication between uke and nage and focuses on the principles that should guide that communication. Join us for a special weekend of training.